
HEC PULSE

USER GUIDE

January 2024 - HEC Life Project

WHAT IS MENTORING?

Mentoring is a process in which an experienced individual helps another person develop his or her goals and skills through a series of compassionate, confidential, one-on-one conversations and other learning activities.

HEC'S MENTORING PROGRAMS

As an Alumni association, we believe that creating connections is the key to success. Our mission is to bring together all HEC Paris graduates, and our mentorship program is a core service to foster authentic and long-lasting relationships.

HEC STORIES HEC PARIS FONDATION HEC

HEC ALUMNI

HEC Alumni Services HEC Life Project Job boards Agenda & Actus Réseau HEC Annuaire UK House

Join the club.*

Ne manquez pas les nombreux avantages qu'offre l'adhésion à l'Association :
réseau, formation continue, accompagnement carrière et plus encore...

COTISEZ

* rejoignez HEC Alumni

ACTIVITÉ DU RÉSEAU PERSONNALISER

Quoi de neuf ? Partagez une information avec le réseau

Annuler Publier

Évènements

18 DÉC. 08:00

CLUB HEC DÉTENTE - APPEL DE COTISATION 2024

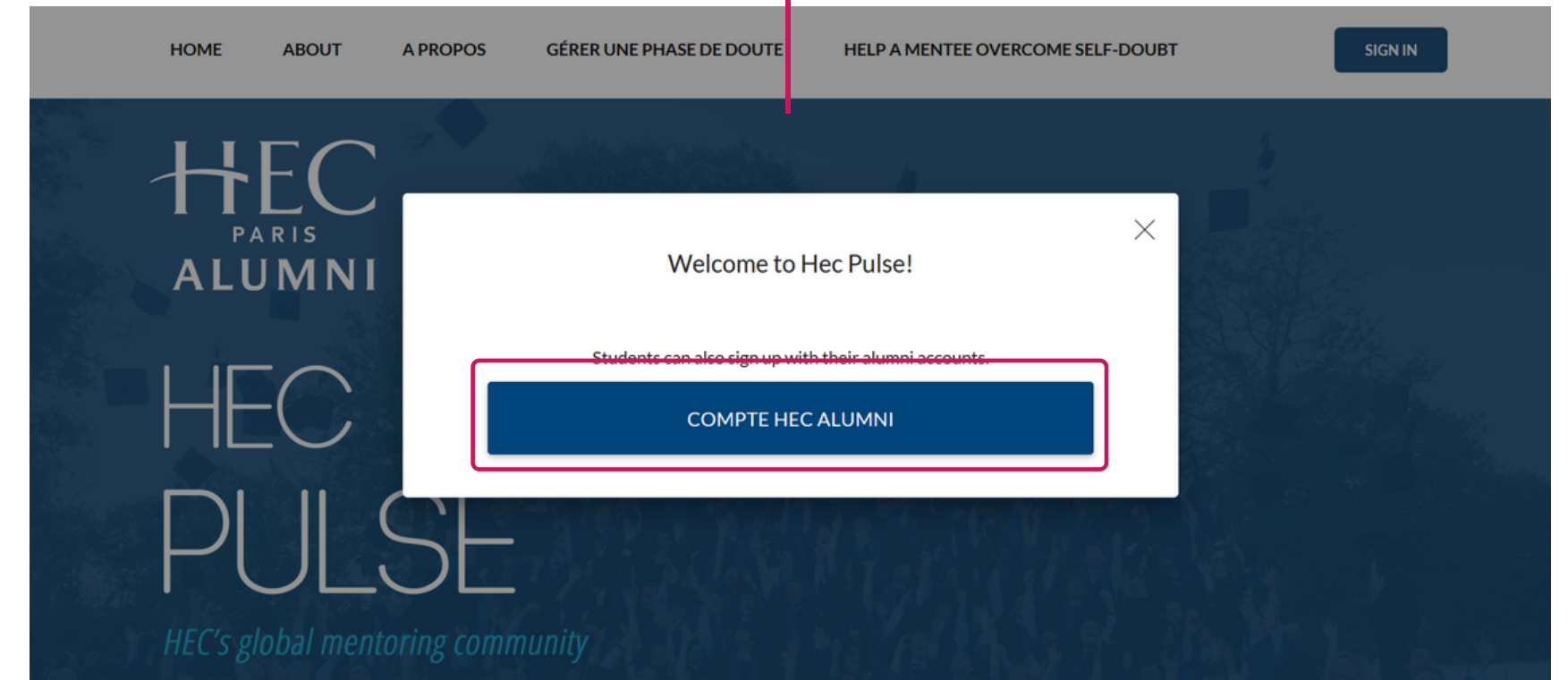
HOW TO GET STARTED?

Make sure you are connected to your account on www.hecalumni.fr

You can then go to www.hecpulse.com

CONNECTING TO PULSE

Log in to your account or sign up for the first time by answering a few questions.



SIGN UP PROCESS

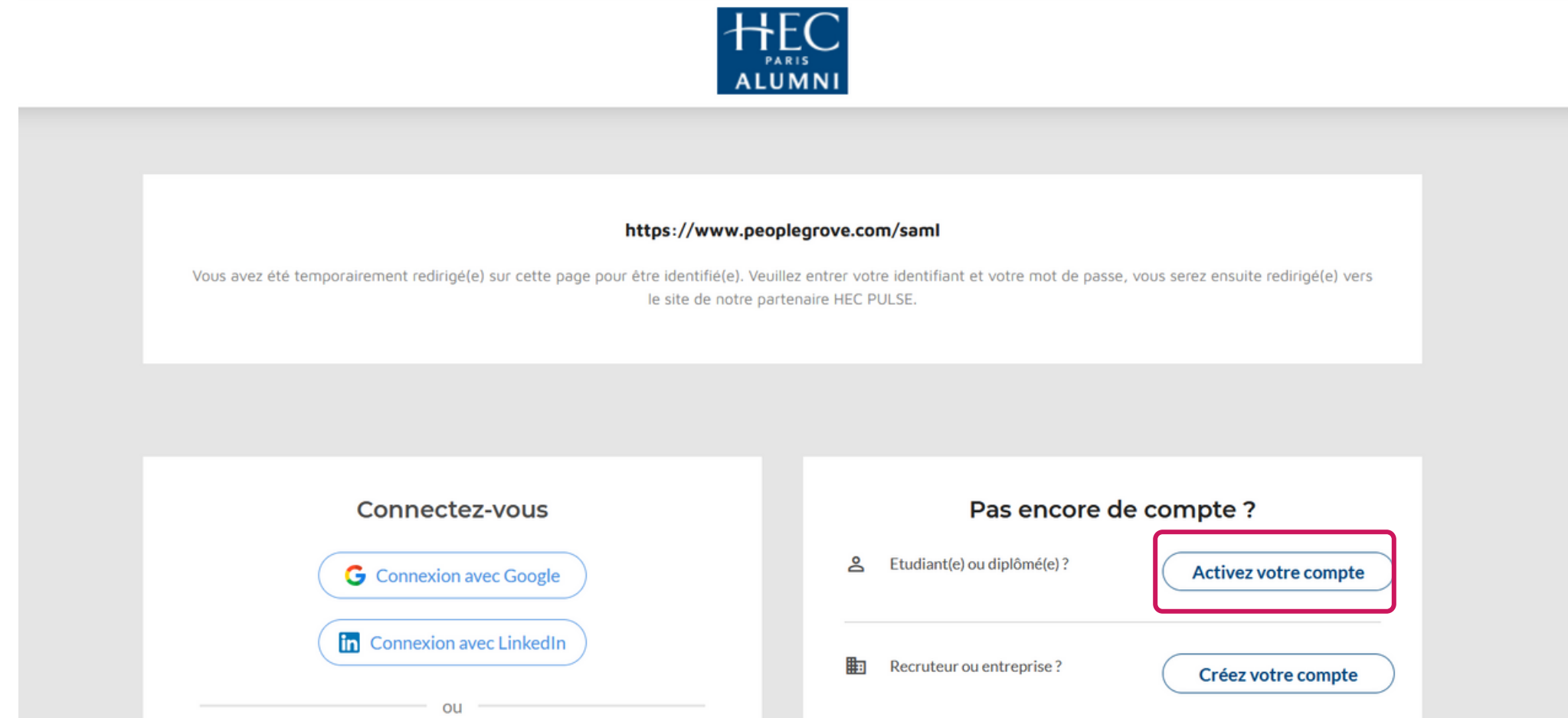
Click on the "Sign up" button and then on the "Compte HEC Alumni" to activate your account.

ACTIVATE YOUR ACCOUNT

Fill out your first name, surname and date of birth. You will then have to answer to a few questions.

Questions will take about 7 minutes to answer.

Please note that you can quit the sign up process at any time and come back later.



I'M JOINING AS A(N)

STUDENT

ALUMNI CONTRIBUTOR (COTISANT)

ALUMNI NON-CONTRIBUTOR (NON COTISANT)

FACULTY & STAFF

EDUCATIONAL BACKGROUND

+ ADD ANOTHER DEGREE

BACK

CONTINUE

PERSONAL DETAILS

Change Photo / Take Picture

Profiles with your photo are more likely to receive connection requests.

Headline*

Headline

AVAILABILITY PREFERENCES

Expand your network and help the community. Allow others to connect and schedule meetings with you.

ARE YOU OPEN TO MEETINGS WITH OTHERS IN THE COMMUNITY? ⓘ

YES NO

How many meetings are you open to having each month?

Unlimited

STEP 1

Choose your user type

STEP 2

Input your educational history

STEP 3

Complete your personal details

STEP 4

Set your availability preferences

WHERE YOU CAN HELP

CURRENT / FUTURE INDUSTRY EXPERTISE

Search options...

Select: de-select all | select all Show: show selected | show all

Advertising / Publicité

Aerospace / Aérospatial

STEP 5

Select where you can help

SMS NOTIFICATIONS

Never miss a connection. Get notified of new messages and requests.

Your mobile phone number...

🇫🇷 • 06 12 34 56 78

What do you want to get SMS notifications for?

New connection requests ⓘ

Upcoming meetings ⓘ

STEP 6

Set up your notifications or skip this step

REVIEW THE CODE OF CONDUCT AND SIGN

Professional Responsibility Agreement

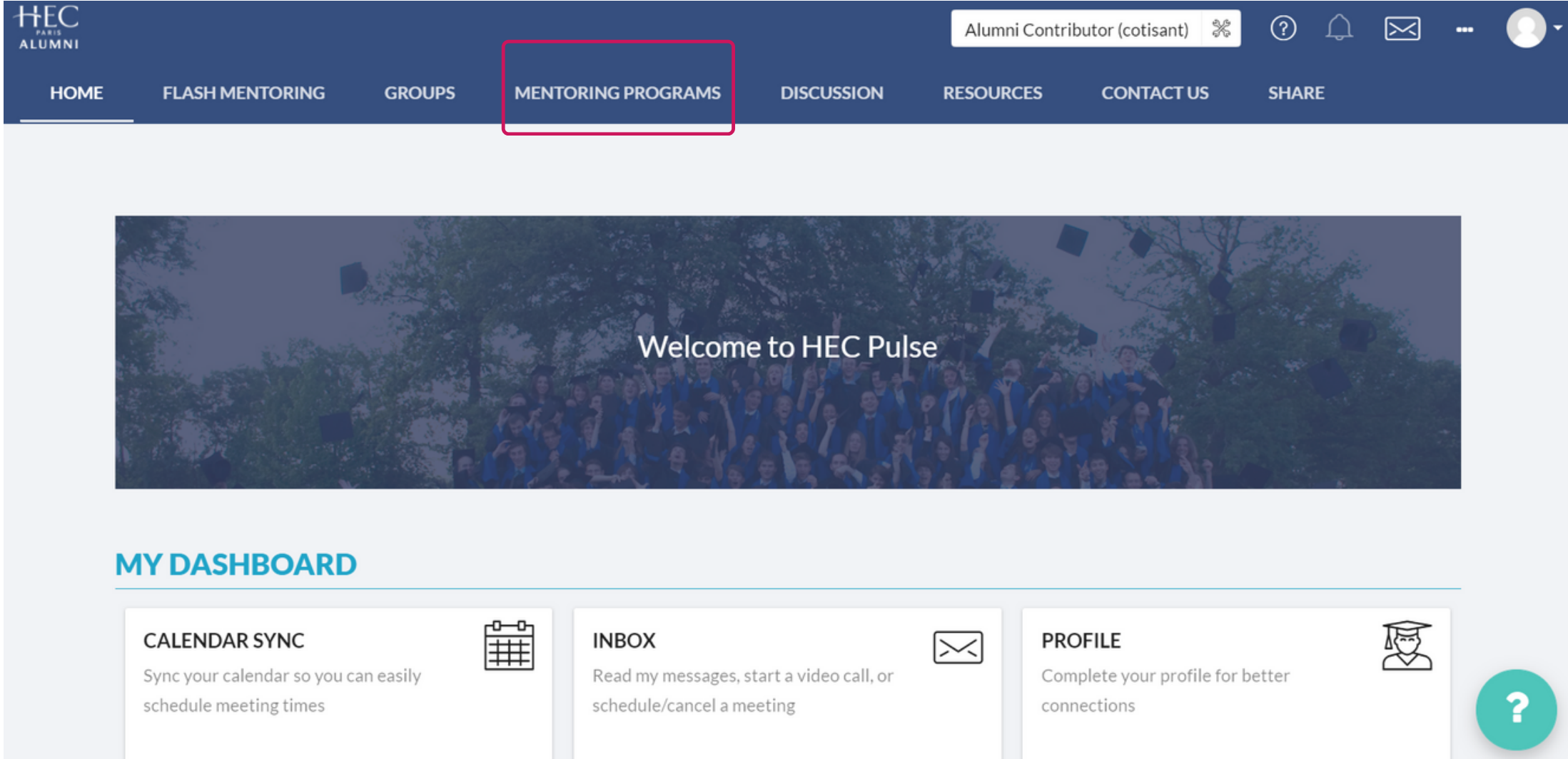
As a participant of the mentorship/networking program on this PeopleGrove platform, I am preparing to professionally network and will be held to high ethical standards and responsibility. I recognize that PeopleGrove and HEC hold themselves and their

Print

STEP 7

Finally, sign the user agreement

Go to the mentoring programs' tab and select the programs you wish to enroll in.



To join this program, click on the "HEC Alumni Mentoring Program" and on the "Join" button on the upper right corner. You will then have to answer a few questions.

IF YOU SIGN UP AS A MENTOR:

Answer the 3 registration questions. You will then receive a notification of matchmaking.

IF YOU SIGN UP AS A MENTEE:

Answer the 3 registration questions then go to the mentors' tab and put in "favorite" the 2-3 expert profiles you prefer.

#1 LONG TERM MENTORING PROGRAM



HEC Alumni Mentoring Program

Members: 547

Public

Join

About

WELCOME TO HEC'S MENTORSHIP PROGRAM!

FRENCH VERSION BELOW

As an Alumni association, we believe that creating connections is the key to success. Our mission is to bring together all HEC Paris graduates, and our mentorship program is a core service to foster authentic and long-lasting relationships.

**EVERYBODY CAN MENTOR
TO BE A MENTEE, YOU MUST BE A CONTRIBUTOR (ANNUAL OR INFINITY PASS) !
[CONTRIBUTE HERE](#)**

**TOUT LE MONDE PEUT ÊTRE MENTOR
LES MENTORÉS DOIVENT ÊTRE COTISANTS (ANNUELS OU INFINITY PASS) !**

Program Admins

- Homo Marine
Project manager
- Stephanie Pfeiffer
Creative storyteller & Br...

#2 FLASH MENTORING

EXPLORE THE COMMUNITY:

Within the tab, the algorithm will recommend profiles based on your profile. You can play with the filters to refine your search.

GET IN CONTACT:

Get in touch and make an appointment for a 30-minute to 1-hour interview.

Search



Location

Major(s)

Current / Fu...

More Filters

Clear All

Set Search Alerts

Active Users (2391)

Online Users (21)

Card View

People who are online now or have been recently online [View all](#)

Stephane Thiollier
 Passionate about t...
 Paris, France
 HEC Paris, Executive MBA, ...
 Cascades, Mayr-Melnhof Ka...
 Paris, France

[Chat Now](#)

Sumit Bhardwaj
 Business Develop...
 Sumit is online right now!
 View their profile.
 HEC Paris, Executive Special...
 Binbit, RealNetworks, BSA S...
 India

[Chat Now](#)

Virginie Chauvin
 Partner in audit
 Paris, France
 HEC Paris, Master in Financi...
 Mazars en France
 Paris, France

[Let's Connect](#)

Sofia Nestola
 Art enthusiast, avi...
 Paris, France
 HEC Paris, HEC Grande Ecol...
 HEC Paris
 Paris, France

[Let's Connect](#)

Shared profile field: Primary Language(s) (matched for English) [View all](#)

Xueying Zhang
 M1 student seekin...
 Paris, 法国

HFC. Paris. HFC. Grande Ecol...

Nehir Yilmaz
 Majeure Finance S...
 Paris, France

HFC. Paris. HFC. Grande Ecol...

Ivan Vargas-Zuniga
 Finance Oriented
 Madrid, España

HFC. Paris. HFC. Grande Ecol...

Mo Zhou
 MFE student
 法国

HFC. Paris. HFC. Grande Ecol...



For any further information, please
contact Amandine at HEC Life Project.

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